

Project Report supported by Japan Water Forum Fund 2012

Summary (within 2 pages)

The outline of your project should be summarized here and the below stated items should be included, within max 2 pages.

1. Name of the organization: Namugongo Youth and Women Development Association (YWDAN)
2. Country: Uganda
3. Name of the project: YWDAN Elderly water and Sanitation Project 2012
4. Project time-period: six (6) months
5. Description of the water issues/ objectives of your activities (within 250 words):
 - Increasing elderly access to water supply by securing 30 plastic water drums by end of Dec. 2012
 - Improving sanitation practices in the elderly led homes through provision of stands
 - Reducing hardships for the elderly in carrying and lining for water for long time
 - Enhancing unity of the elderly by gathering them at one place at one moment
 - Raising sanitation standards by provision of utensils' drying stands.

6. Description of your activities with the JWF Fund (within 500 words):

The YWDAN Elderly water and sanitation project involved carrying out the following activities:

Banking activities: These included negotiating with Post Bank Uganda on how to transfer the funds from Japan to Uganda through their banking system and also exchanging the funds from US \$ dollars to Ugandan Shillings, the receipt of the US\$ 1,000.00 was acknowledged in November 2012.

Finding and ordering for the stands and drums: we had to find a person who designed and made the stands. This took some good time to complete the 30stands to the expectation of our design. Drums were purchased at the open market.

Transportation of the items to the project site: This involved hiring a vehicle to transport both the drums and the stands to the project site. The items were stored for some time and then distributed to the direct beneficiaries at the site.

Training in water and sanitation issues: A training session was held for the elderly. This was done for three hours on the same day when the items were distributed to them. Though this activity was done late according to our schedule of activities we had planned, but it was done successfully.

Gathering and meeting of the elderly: Elderly met at the project site for the training and reception of the items. Out of 30 persons, 20 came and the ten were unable to join them due to their physical

unfitness.

Distribution of items: Water drums of 160 litres capacity, and utensil stands of 36 inches in height, and 24 inches square on each level of the two levels. Twenty (20) direct beneficiaries attended and took the items on that real day. This was the project handover ceremony day when we concluded our project activities.

7. The number of direct beneficiaries of your project: the number of direct beneficiaries was 100 persons and categorized as follows:

Elderly women: 20, Elderly men: 10, and Children/ dependants: 70

Project Description (within 5 pages)

A detailed description of your project should be reported here and the below stated items should be included, within max 5 pages.

1. Name of the organization: Namugongo Youth and Women Development Association (YWDAN)

2. Country: Uganda

3. Area: Wakiso District, Kira Town Council, Kimwanyi Ward, Kitukutwe Village

4. Details of the Project-site: Address of the site as well as maps are required if possible.

5. Project time-period: 6 months

6. Project manager

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Title: Director

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Fax: N/A

7. Name of the project or activity: Distribute 30 plastic water drums and utensil stands to elderly, and training them in water/ sanitation issues.

8. Description of the water issues/ objectives of your projects or activities: Kimwaanyi ward is found in Kira Town Council, about 25 kilometers from Kampala. Most of the area is lacking piped water. This implies that people get water from wells either shallow or protected and bore holes. There are few sources of water which are safe and therefore the water got from there is not good for human consumption. Even the few sources in place are overcrowded hence much time taken at wells. People line up for almost 2 ½ hours waiting for water and in most cases fighting. Those who are not energetic like the elderly and little children end up either leaving water or stay longer to get water. This denies them an opportunity to have enough water for their

services.

Also considering the ability of the elderly to carry enough water for their consumption is very difficult. So what they can afford to carry is just 5-10 litres container capacity. They are very poor and cannot afford to hire labour for collecting water, that's 20 litres is US \$ ¼ which is expensive.

Considering sanitation, these elderly and their families do not have enough facilities like latrines, drying stands and therefore many suffer from diseases related to poor sanitation.

9. Description of your activities with the JWF Fund: Activities included, selecting the direct beneficiaries of the project, securing items for distribution, training in water and sanitation, reporting, monitoring and evaluation.

The selection process involved local leaders, YWDAN staff members, and some of the beneficiaries. The beneficiaries included 20 women and 10 men of 60 years of age and above as shown on the list of the beneficiaries attached.

The items secured included plastic water drums of 160 litres, and utensil drying stand which were done. The plastic water drums are all blue in colour with black covers/ lids from – company. The stands are metallic, square of 36 inches in height and 24 inches wide sprayed grey colour. These are as shown in the photographs below. These were 30 drums and 30 stands in number and all distributed to the direct beneficiaries, the elderly.

We organized a project handover ceremony on April 7th, 2013 which was officiated and witnessed by a group of 4 Rotarians from Bweyogere Rotary Club. These were Mr. Wangudi Moses – the Vice President, Mrs. Immaculate Muwanga – President elect, Mr. Waisswa Milton, and Mrs. Ann Musoke - Members.

Training in water and sanitation issues: a one day training workshop was done and attended by 20 elderly people who were able to come to the project site. Others who did not manage, we gave them summaries of what was in the training as we took the items to their homes as illustrated in the photographs. The content of the training included; how to get and keep water clean and safe, boiling of the drinking water and emphasis on drinking clean boiled water, keeping our bodies clean and safe from diseases by use of water and also teaching the young ones – children to use water rightly, toilet/ latrine use and the general cleanliness. A follow up shall be done to the beneficiaries to find out the impact after 2 months.

Reporting: We make reports on the activities undertaken by YWDAN to the funders – JWFF, Rotary

Club Bweyogerere, and the community of Kira Town Council where the activities took place. These shall all get copies of the report of the project. These shall be periodically as required by the project stake holders.

Monitoring and evaluation: the project activities are monitored by different project stake holders at various times. Throughout the project life YWDAN, the implementing agency has been following up the activities and beneficiaries. JWFF has been monitoring through communication with YWDAN, like follow up on receipt of the funds, reminders on the activities schedule like reporting and other communications. Rotary Club Bweyogerere is also monitoring on the activities implemented and also advising here and there for the best results.

10. Involved stakeholders: these include the Japan Water Forum Fund, Rotary Club Bweyogerere, YWDAN, Elderly of Kimwanyi ward, and Kira Town Council.

11. Methodology of your projects or activities: we selected elderly who are 60 years of age and above both men and women from Kimwanyi ward. We visited majority of their homes and we found out that they did not have these items and also their incomes cannot support it. So, these we registered for the project, and they became the direct beneficiaries. Those we did not reach their homes, were mentioned by their fellow elders for the project. We took photos of those qualifying for the project beneficiaries, as shown by the photos attached.

Items were purchased for the beneficiaries; and these include the plastic water drums and utensil stands. These were supplied by the elderly led homes, each getting one stand and one water drum. These were also invited for a seminar on water and sanitation issues, after which they took the items to their homes. Those who did not come to the training sent in representatives and others we found them at their homes and received the items and some training.

We made a hand over ceremony which concluded all the activities for the project and this was officiated by a group of Rotarians from the Rotary Club of Bweyogerere.

12. The number of direct beneficiaries of your projects or activities: The number of direct beneficiaries is 100 persons. These include 20 elderly women of 60 years of age and above, 10 elderly men of the same age as women, and 70 children who are staying in their homes. Of the beneficiaries, two women are blind and other elderly sick.

13. Achieved outcomes of your projects or activities: the following were the outcomes of the project activities.

- ❖ 30 plastic water drums were distributed to 30 elderly led homes in Kimwanyi ward of Kira Town Council – Uganda.

- ❖ 30 metallic utensil stands were distributed to 30 elderly led homes in Kimwanyi Ward of Kira Town Council – Uganda.
- ❖ 50 persons from elderly led homes received water and sanitation training at the project centre and also at their homes.
- ❖ More publicity of the project stakeholders; like YWDAN, Japanese Water Forum Fund (JWFF), and The Rotary Club of Bweyogerere to the community of Kira Town Council.
- ❖ There was a formation of a link between the project stakeholders, that will lead to further development of those involved.
- ❖ There was a positive elderly reaction as they feel loved and cared for.

*The evaluation of the project must be as quantitative as possible, such as the decrease in BOD/COD concentration, the distance of beach cleaned, the number of water supply or sanitation facilities provided, the number of people educated and so on.

14. Pictures and questionnaires (at least 5 in the report. Additional ones compile with the report should be sent separately, in JPEG format)

<e.g. Construction activities of wells, rain water harvesting tanks, etc. >

A. Site photographs before your project (at least 1 picture)



Figure 1 Nakwenya's Home

B. Site photographs during the course of construction of your project (at least 1 picture)



Figure 2 Nankya with her family - grand children having lost her children

C. Site photographs at the completion of your project (at least 1 picture)



Figure 3 Beneficiaries receiving water drums and stands

<e.g. Educational activities such as holding workshops, symposiums, etc>

A. Site photographs of your educational activities (at least 3 pictures)



Figure 4 water & sanitation workshop

B. Questionnaires for the participants

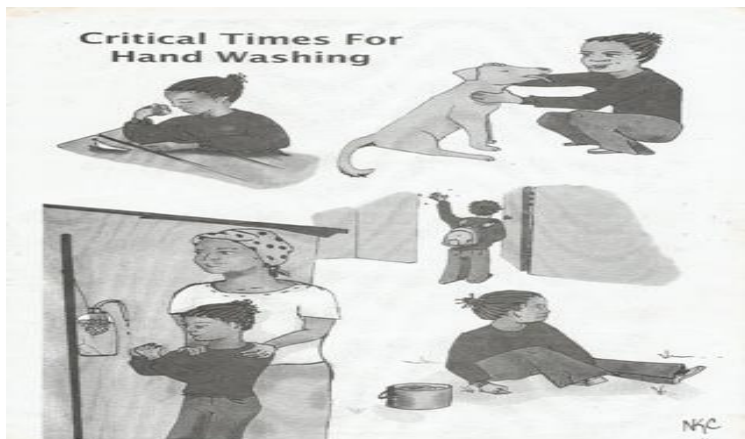


Figure 5 Materials for sanitation training

15. Conclusion, such as lessons learned, remaining issues for future activities.

Lessons learned include; when we come together we can solve some of our problems in the community. Elders too like easy life as other people do. Helping others brings God's blessings to individuals and the organization itself.

Remaining issues for future activities include; constructing shelters and latrines for the elderly, more water and sanitation seminars, a big list of those who did not get items is compiled for assistance, and

these elderly still need more support in their lives.

Conclusion: We are very grateful to JWFF for that great assistance in the area of water and sanitation. We would like to request for more support to still help these elderly and other groups of people who still need our support of various fields. As we mentioned this area has a problem of getting enough safe and clean water as there are few sources of such water and at the moment no piped water system in the area. All in all, the entire project has been so nice and teaching. We are also very blessed to have Rotary Club of Bweyogerere as our partners and advisers in this work of development.

16. Table of actual expenditures of your project/ activity with the JWF Fund.

*Please note that no additional grants will be paid in case of fund shortage.

Item	Content	Unit cost	Quantity	Amount
Materials	Plastic Water Drums of 160 litres of water	US\$16.67	30	US\$500.10
	Metallic Utensil Stands	US\$18.75	30	US\$562.50
Sanitation training	Facilitator		50	US\$41.67
	Lunch		30	US\$20.83
Administration	Transport of items to the site		60	US\$83.33
	Photos and secretarial work			US\$50.00
	Bank charges (withdraw time)			US\$5.35
	Bank charges (Transfer time)			Not specified
	Miscellaneous			US\$20.83
	Seats and venue			US\$20.83
Total Amount				US\$1,305.44

*Please attach all the receipt which you used for your project.

***The report must be written in English.**

***This file shows the basic format of the project report. However, it may be changed depending on the characteristics of each project.**

*** The entire report should not be more than 8 pages, including pictures, figures and tables.**